



REVIEW

# Recent Advances in Phytoremediation of Hazardous Substances using Plants: A Tool for Soil Reclamation and Sustainability

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## Abstract

Phytoremediation techniques have emerged as a promising approach for soil reclamation and remediation of contaminated sites. This review article provides a comprehensive analysis of the different phytoremediation techniques used for soil reclamation and their effectiveness in removing contaminants from soil. The aim is to evaluate the current state of knowledge and to highlight potential avenues for future research in this field. The review begins with a discussion of the principles underlying phytoremediation, emphasizing the ability of plants to accumulate, tolerate, and detoxify contaminants through various mechanisms such as phytoaccumulation, rhizo-degradation, and rhizo-filtration. Different plant species and their suitability for phytoremediation are reviewed, considering factors such as metal tolerance, biomass production, and pollutant uptake efficiency. In addition, the role of soil amendments and their impact on improving phytoremediation efficiency is critically evaluated. Commonly used amendments, including chelating agents, organic matter, and pH adjusters, are reviewed with emphasis on their ability to increase metal bioavailability and plant uptake. The review also addresses challenges associated with phytoremediation, such as plant growth limitations, long-term sustainability, and potential risks associated with the release of pollutants into the atmosphere during biomass disposal. Strategies to mitigate these challenges, including plant breeding and genetic engineering, are discussed.

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**Statement of Sustainability:** Phytoremediation techniques can effectively contribute to sustainability thereby helping to advance the field and promote best practices. This review can guide researchers, policymakers, and practitioners toward more sustainable approaches by assessing different techniques, their strengths, limitations, and environmental impacts. It also identifies gaps in current knowledge and highlights areas for further research. Thus, it will help to refine and optimize phytoextraction methods and ultimately contribute to sustainable site and ecosystem management.

## 1. Introduction

Phytoremediation is a promising technique for removing heavy metals from contaminated soil or water using plants. It is an environmentally friendly and cost-effective method that utilizes the natural ability of certain plant species to accumulate and tolerate heavy metals. Also known as phytoremediation, this approach offers an alternative to traditional remediation methods such as excavation and disposal (McIntyre, 2003). The process of phytoremediation involves the use of hyperaccumulating plants, which are capable of absorbing and concentrating high levels of heavy metals in their tissues (Miransari, 2011). These plants have specialized mechanisms that allow them to take up and store heavy metals without suffering from toxicity. They have developed this unique trait as a defense mechanism against natural predators or in response to specific environmental conditions (Morkunas et al., 2018). Several plant species have been identified as efficient hyperaccumulators of heavy metals. For example, *Alyssum* species are known to accumulate nickel, *Thlaspi*

species can accumulate zinc and cadmium, and *Brassica juncea* (Indian mustard) is effective at accumulating lead, cadmium, and zinc (Baker et al., 2020). These plants are typically fast-growing and have high biomass production, making them ideal candidates for phytoremediation.

To initiate phytoremediation, the contaminated site is prepared by tilling the soil and removing any existing vegetation. Hyperaccumulating plants are then introduced into the contaminated area (Evangelou et al., 2015). The plants are carefully selected based on their ability to thrive in specific soil conditions and target the heavy metals present (Wu et al., 2010). As the hyperaccumulating plants grow, they take up heavy metals from the soil through their roots. The metals are transported through the plant's vascular system and accumulate in their aboveground tissues, such as leaves and stems (Eid and Shaltout, 2016). The concentration of heavy metals in these plant parts can be several orders of magnitude higher than in the surrounding soil (Halim et al., 2015). Once the plants have reached their maximum metal concentration, they are harvested and removed from the site. The harvested biomass, known as "metal-enriched biomass," is then processed to extract the accumulated heavy metals (Yadav et al., 2011). Several techniques can be used for metal recovery, such as incineration, smelting, or leaching. The choice of technique depends on the specific metal and its intended end use or disposal (Cieřlik et al., 2015). Phytoremediation offers several advantages over traditional remediation methods. It is a non-invasive approach that does not require extensive excavation or disturbance of the contaminated site (Mani and Kumar, 2014). In addition, it is relatively cost-effective and can be implemented in situ, minimizing transportation and disposal costs. Furthermore, phytoremediation can be combined with other phytoremediation techniques to remediate a wide range of contaminants simultaneously. However, phytoremediation has limitations. The process is often slow, requiring several growing seasons to achieve significant metal removal (Tack and Meers, 2010). It is most effective at sites with moderate levels of contamination rather than heavily contaminated areas. In addition, the availability of hyperaccumulating plant species for certain heavy metals may be limited (Gall et al., 2015).

In summary, phytoremediation is a promising technique for removing pollutants from contaminated environments using specially selected plants. Its environmentally friendly nature, cost-effectiveness, and potential for in situ application make it an attractive option for remediation of contaminated sites. Continued research and development in this area have the potential to improve the efficiency and applicability of phytoremediation in the future. Considering its importance, the current review article aimed to comprehensively analyze different phytoremediation techniques used for soil reclamation and their effectiveness in removing contaminants from soil.

## 2. Hazardous Substances in Soil Systems and Their Health Implications

### 2.1. Heavy Metals

Soil systems may contain hazardous elements that pose potential health risks to humans and ecosystems. These elements, often referred to as heavy metals, occur naturally in the Earth's crust, but can also be introduced into the soil through human activities such as industrial processes, mining, and the use of certain agrochemicals (Allouzi et al., 2021). Here are some common hazardous elements found in soil systems and their health effects:

- **Lead (Pb):** Lead is a highly toxic heavy metal that can accumulate in soil from several sources, including lead-based paint, industrial emissions, and leaded gasoline. Ingestion or inhalation of lead-contaminated soil particles can lead to lead poisoning, especially in young children. It can affect neurological development, resulting in learning disabilities, lowered IQ, and behavioral problems. Lead exposure is also associated with an increased risk of cardiovascular disease, kidney damage, and reproductive problems (Zhang et al., 2015).
- **Cadmium (Cd):** Cadmium is primarily released to the environment through industrial processes and the disposal of cadmium-containing batteries. It can contaminate soil and then be taken up by plants and enter the food chain (Kumar and Sharma, 2019). Long-term exposure to cadmium can cause kidney damage, bone disorders, and increase the risk of certain cancers, including lung and prostate cancer (Genchi et al., 2020).
- **Arsenic (Ar):** Arsenic occurs naturally in the earth's crust but can also be released into the environment through mining, smelting, and the use of certain pesticides and wood preservatives. Chronic exposure to arsenic-contaminated soil can lead to several health problems, including skin lesions, cardiovascular disease, respiratory problems, and an increased risk of several types of cancer, including skin, lung, and bladder cancers (Jang et al., 2016).

- **Mercury (Hg):** Mercury is released into the environment through industrial processes, coal burning, and small-scale gold mining. It can contaminate soil and water and bioaccumulate fish and seafood. Exposure to high levels of mercury can damage the nervous system, causing tremors, memory loss, and developmental problems in children. It can also affect the cardiovascular and immune systems (Budnik and Casteleyn, 2019).
- **Chromium (Cr):** Chromium occurs in several forms, with trivalent chromium [Cr (III)] being an essential nutrient, while hexavalent chromium [Cr(VI)] is highly toxic. Industrial activities such as chromate production and leather tanning can release hexavalent chromium into the soil. Exposure to high levels of hexavalent chromium can cause respiratory problems, skin irritation, and an increased risk of lung cancer (Kumar and Kumar, 2019a).

These hazardous elements can enter the human body through a variety of routes, including ingestion of contaminated food and water, inhalation of airborne particles, and dermal contact (Table 1). The health effects of exposure to these elements depend on factors such as concentration and duration of exposure, individual susceptibility, and route of exposure (Domenech and Marcos, 2021). To reduce the health risks associated with hazardous elements in soil systems, it is critical to identify and remediate contaminated sites, particularly in areas where human exposure is likely. Remediation techniques such as phytoremediation (the use of plants to remove heavy metals), soil washing, and containment measures can be used to reduce the levels of hazardous elements in the soil. In addition, implementing proper waste management practices, reducing industrial emissions, and monitoring soil quality can help prevent further contamination and protect human health (Xu et al., 2021).

Table 1. Heavy metals sources, health impacts, and complications.

Heavy Metals	Sources	Impacts	Health Complications	Reference
Iron	Building construction sites, industries wastes, ammunition scrapyard, etc.	Clogging of blood and choking of the respiratory system in aquatic animals.	Yield free radicals in liver cells, heart cells, and brain cells which results in increasing in metabolic acidity	Järup (2003); Rehman et al. (2021); Vakili et al. (2020)
Lead	From a polluted water source and use of lead-based repairing or lead piping.	By binding with the sulfhydryl group present on various enzymes and altering the appropriate functioning of enzymes or substituting metals that perform as cofactors in numerous enzymatic reactions	By imitating calcium, it crosses the blood-brain barrier. It affects the neurotransmission and central nervous system, also destroys the myelin sheaths, and decreases neuron numbers to reduce their growth.	Flora et al. (2012); Kumar et al. (2020a); Undaryati et al. (2020)
Cadmium	Sewage sludge, phosphate fertilizers, nickel-cadmium batteries, electroplating	Extremely bio-accumulative and It substitutes zinc's position in metallothionein.	It accumulates Biologically in the - renal tissue which is the cause of toxicity in the nephron.	Genchi et al. (2020); Kumar et al. (2019); Fatima et al. (2019)
Arsenic	Mining sites of arsenic, processing of metals, storage sites of timber, secretion from coke furnaces	Oxidative anxiety in living tissues	It is found to be highly poisonous compared to other arsenic forms. MMA(III) is collected inside the body cells as a transitional product.	Jomova et al. (2011); Recio-Vazquez et al. (2011); Sodhi et al. (2019); Nurchi et al. (2020); Bernard et al. (2001)
Mercury	Coal-fired power plants, cement, gold production, caustic soda, and volcanoes	In the kidneys, Hg <sup>2+</sup> bioaccumulates and affects the nervous system of the developing fetus after it passes the placental barrier	Respiratory diseases like bronchitis and asthma may be caused by mercury vapors. Hunter–Russell syndrome can be a result of Severe exposure.	

## 2.2. Pesticides

While pesticides are effective tools for controlling pests and improving crop yields, they can have hazardous effects on soil systems. These effects result from the chemical composition and persistence of pesticides and their interaction with the soil environment. Here are some of the hazardous effects of pesticides in soil systems:

- **Soil contamination:** Pesticides can contaminate soil, resulting in long-term adverse effects. They can persist in soil for long periods, depending on their chemical properties and degradation rates. Over time, repeated applications can lead to the accumulation of pesticides in the soil, resulting in increased levels of contamination (Prashar and Shah, 2016).

- **Loss of biodiversity:** Pesticides can have detrimental effects on soil organisms, including beneficial insects, earthworms, and microorganisms. These organisms play a critical role in maintaining soil fertility, nutrient cycling, and overall ecosystem health. Pesticides can directly harm these organisms, disrupting the delicate balance of the soil ecosystem and reducing biodiversity (Chagnon et al., 2015).
- **Soil degradation:** Pesticides can degrade soil quality by altering soil structure and composition. Some pesticides can bind to soil particles, changing their physical properties and reducing soil porosity. This can reduce water infiltration, increase surface runoff, and contribute to soil erosion. In addition, pesticide residues can inhibit the growth of plant roots, leading to poor nutrient uptake and stunted plant development (Siedt et al., 2021).
- **Water contamination:** Pesticides applied to agricultural fields can be transported off-site through runoff and leaching, contaminating nearby water bodies. Rainfall can wash pesticide residues from the soil into streams, rivers, and groundwater sources. This contamination poses risks to aquatic ecosystems, affecting fish, amphibians, and other aquatic organisms. In addition, pesticide-contaminated water can enter the human food chain, potentially causing health problems (Kumar and Kumar, 2019b).
- **Non-target species and pollinators:** Pesticides can have unintended effects on non-target organisms, including beneficial insects such as pollinators. Bees and other pollinators play an important role in the reproduction of many plants, including crops. Pesticides can be toxic to these beneficial insects, leading to population declines and disruption of ecosystem services such as pollination (Ndakidemi et al., 2016).
- **Development of pesticide resistance:** Frequent and repeated use of pesticides can lead to the development of pesticide resistance in target pests. Some pests can develop genetic mechanisms to survive exposure to pesticides, rendering them ineffective over time. This can lead to a cycle of increased pesticide use, further exacerbating the hazardous effects on soil systems and the environment (Brevik et al., 2018).

To mitigate the hazardous effects of pesticides on soil systems, sustainable agricultural practices are essential. Integrated pest management (IPM) techniques promote the use of a combination of methods, including biological control, crop rotation, and judicious use of pesticides. In addition, organic farming practices, which rely on natural pest control methods and avoid synthetic pesticides, can help minimize the harmful effects of pesticides on soil systems (Enders and Begcy, 2021).

### 2.3. Persistent Organic Compounds (POPs)

Persistent organic compounds (POCs) are a group of toxic chemicals composed of multiple fused aromatic rings that are persistent in the environment, meaning they can remain in soil systems for long periods. These contaminants can have significant health impacts on both humans and ecosystems (Schweitzer and Noblet, 2018). When POCs are present in soil systems, they can enter the human body through a variety of pathways. A common route of exposure is the consumption of contaminated food and water. POPs can accumulate in plants grown in contaminated soil, and when these plants are consumed by humans, the contaminants can enter the body. In addition, POCs can leach into groundwater and contaminate drinking water sources, resulting in direct exposure (Lebelo et al., 2021). The health effects of POCs vary depending on the specific chemical, the level of exposure, and the duration of exposure. Some POCs, such as polychlorinated biphenyls (PCBs) and dioxins, are known to be highly toxic and can have adverse effects on human health. They have been linked to a wide range of health problems, including reproductive and developmental disorders, hormonal imbalances, suppression of the immune system, and an increased risk of certain types of cancer (Borgå et al., 2022). Children are particularly vulnerable to the health effects of POCs. Exposure to these pollutants during critical developmental periods can disrupt normal growth and developmental processes, leading to long-term health consequences. Prenatal exposure to POCs has been associated with reduced birth weight, impaired cognitive development, and increased risk of neurodevelopmental disorders (Davidsen et al., 2021).

In addition to direct human health effects, POCs can also have adverse effects on ecosystems. These contaminants can bioaccumulate in the food chain, becoming more concentrated as they move up the food web. Predatory animals, such as birds and mammals, are particularly vulnerable to the effects of POCs because they accumulate higher levels of these chemicals through their diets. This bioaccumulation can lead to reproductive failure, impaired immune function, and population declines in affected species (Ross and Birnbaum, 2003). To mitigate the health effects of POPs in soil systems, it is critical to implement effective pollution control measures. These include proper waste management practices, regulations governing the use and disposal of hazardous chemicals, and remediation of contaminated sites.

In addition, monitoring and testing programs can help identify areas with high levels of POC contamination and inform remediation efforts (Rajmohan *et al.*, 2019). In general, the presence of polycyclic organic contaminants in soil systems poses significant health risks to both humans and ecosystems. Efforts should be made to minimize the release and exposure of these toxic chemicals to protect human health and the environment (Chang *et al.*, 2022).

## 2.4. Polycyclic Aromatic Hydrocarbons (PAHs)

Polycyclic aromatic hydrocarbons (PAHs) are a group of organic compounds composed of fused aromatic rings. They are formed by the incomplete combustion of organic materials such as fossil fuels, wood, and other organic substances. PAHs are ubiquitous pollutants found in various environmental matrices, including soil systems, due to their wide range of sources and resistance to degradation (Kim *et al.*, 2013). When PAHs contaminate soils, they can have significant health impacts on both humans and ecosystems. Here are some of the health concerns associated with PAHs in soil systems:

- **Human exposure:** PAHs can enter the human body through several routes, including ingestion, inhalation, and dermal contact. Humans can be exposed to PAHs by consuming food grown on contaminated soil, inhaling contaminated dust particles, or by direct contact with contaminated soil. Occupational exposure can also occur for people who work in industries such as coal tar processing, asphalt production, or waste incineration (Qu *et al.*, 2015).
- **Carcinogenicity:** Several PAHs have been classified as carcinogens by international agencies, including the International Agency for Research on Cancer (IARC). Long-term exposure to high levels of PAHs has been associated with an increased risk of developing several types of cancer, including lung, skin, bladder, and gastrointestinal cancers. Some PAHs can bind to DNA, causing mutations and potentially leading to the development of cancerous cells (Domingo and Nadal, 2017).
- **Respiratory effects:** Inhalation of airborne PAHs from contaminated soil can cause adverse respiratory effects. PAHs can irritate the respiratory system, causing symptoms such as coughing, wheezing, and shortness of breath. Prolonged exposure to high levels of PAHs may contribute to the development or aggravation of respiratory diseases such as asthma or chronic obstructive pulmonary disease (COPD) (Jiang *et al.*, 2016).
- **Developmental and reproductive effects:** PAHs can cross the placental barrier and be transferred from a pregnant woman to a developing fetus. Exposure to high levels of PAHs during pregnancy has been associated with adverse birth outcomes, including low birth weight, preterm birth, and developmental abnormalities. Some studies also suggest a potential link between PAH exposure and reduced fertility in both men and women (Drwal *et al.*, 2019).
- **Disruption of soil ecosystems:** PAH contamination in soil can have adverse effects on soil microbial communities and other soil-dwelling organisms. These compounds can inhibit the growth and activity of beneficial soil microorganisms, disrupt nutrient cycling processes, and alter the ecological balance of soil ecosystems. Such disruptions can negatively impact soil fertility, plant growth, and overall ecosystem health (Meynet *et al.*, 2012).

To mitigate the health effects of PAHs in soil systems, it is critical to implement effective pollution prevention measures, remediation strategies, and monitoring programs. Proper management of contaminated sites, safe disposal of hazardous wastes, and adoption of cleaner technologies can help reduce the release of PAHs into the environment. In addition, promoting awareness, implementing regulations, and conducting research on the health effects of PAHs are essential to protect human health and the integrity of soil ecosystems (Alegbeye *et al.*, 2017).

## 3. Phytoremediation Technique for Soil Reclamation

Phytoremediation is a technique used in soil reclamation and environmental remediation. It involves the use of plants to extract, immobilize, or degrade contaminants in the soil, thereby improving soil quality and reducing pollution levels. Figure 1 depicts different mechanisms and processes used by plants in contaminated removal from soils. This approach utilizes the natural ability of certain plants, known as hyperaccumulators, to absorb and accumulate high concentrations of metals and other contaminants from the soil into their tissues (Xiang *et al.*, 2022). The process of phytoremediation typically involves several steps: The first step is to identify and select suitable hyperaccumulator plant species capable of efficiently accumulating the target pollutants. These plants have specific mechanisms that allow them to tolerate and absorb high concentrations of contaminants (Seth, 2012). Before planting the hyperaccumulator species, the contaminated site must be prepared. This may involve removing the top layer of soil or incorporating soil amendments to improve fertility and overall conditions for plant growth (Kidd *et al.*, 2015). The hyperaccumulator plants



are then sown or transplanted into the contaminated soil. Adequate care and maintenance, such as watering, fertilization, and weed control, are provided to ensure optimal plant growth and development (Kidd et al., 2015). As hyperaccumulator plants grow, they take up contaminants from the soil through their root systems. These contaminants can include heavy metals such as cadmium, lead, zinc, nickel, and arsenic, as well as organic contaminants such as polycyclic aromatic hydrocarbons (PAHs) and pesticides (Meena et al., 2021). Once hyperaccumulator plants have reached maturity and accumulated a significant amount of contaminants, they are harvested. The above-ground biomass, including leaves, stems, and flowers, is typically collected (Saleem et al., 2020). The harvested plant biomass is then processed to extract the accumulated contaminants. Various methods such as incineration, chemical leaching, or solvent extraction may be used, depending on the nature of the contaminants and the intended subsequent use or disposal (Dastyar et al., 2019). The extracted contaminants are safely disposed of in accordance with environmental regulations or, if feasible, recycled for other uses. The remaining plant residues, if uncontaminated, can be composted or used for energy production (Brunner and Rechberger, 2015). Table 2 depicts some plants used for phytoextraction of heavy metals contaminants from soil in previous studies.

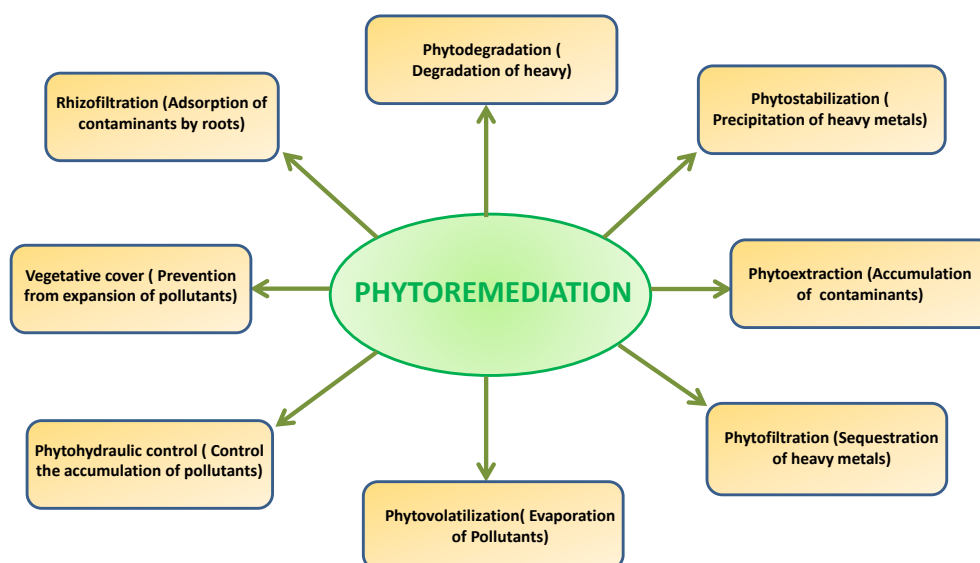


Figure 1. Different mechanisms and processes used by plants in contaminated removal from soils.

Table 2. Various plants used for phytoextraction of heavy metals contaminants from soil.

Contaminants	Plants	References
Cd	Castor ( <i>Ricinus communis</i> )	Huang et al. (2011)
Cd, Pb, Zn	Corn ( <i>Zea mays</i> )	Meers et al. (2010)
Se	<i>Brassica juncea</i> and <i>Astragalus bisulcatus</i>	Dixit et al. (2015)
Cr	<i>Spartina argentinensis</i>	Nalla et al. (2012)
Cd, Cu, Ni, Pb	<i>Jatropha (Jatropha curcas L.)</i>	Abhilash et al. (2009)
As	<i>Pteris vittata</i>	Datta et al. (2017)
Cd, Cu, Pb, Zn	<i>Populus</i> spp. ( <i>P. deltoides</i> , <i>P. nigra</i> , <i>P. trichocarpa</i> )	Ruttens et al. (2011)
Ni	<i>Alyssum bertolonii</i> and <i>A. murale</i>	Mengoni et al. (2012)
Cd, Cu, Fe, Cr, Pb, Zn	Water fern ( <i>Azolla pinnata</i> )	Kumar et al. (2020b)
Cd, Cu, Fe, Cr, Mn, Zn	Water hyacinth ( <i>Eichhornia crassipes</i> )	Kumar et al. (2021)

Phytoremediation offers several advantages as a soil remediation technique. Phytoremediation is a sustainable and environmentally friendly approach that avoids the use of harsh chemicals or mechanical soil excavation methods (Oladoye et al., 2022). Compared to traditional remediation methods such as soil excavation and off-site disposal, phytoremediation can be more cost-effective, especially for large-scale remediation projects (Liu et al., 2018). By keeping contaminated soil in place and improving its quality, phytoremediation minimizes the risk of soil erosion and associated environmental impacts (Le Guern et al., 2018). In addition to removing contaminants, hyperaccumulator plants can help improve soil structure, fertility, and nutrient content, promoting long-term soil restoration (Burgess et al., 2018). Phytoremediation projects can often gain support and acceptance from local communities due to their non-invasive nature and potential aesthetic benefits (Kennen and Kirkwood, 2015).

Despite its benefits, phytoremediation also has some limitations and considerations. Phytoremediation is a relatively slow process, requiring several years for the hyperaccumulator plants to accumulate significant amounts of contaminants (Raskin et al., 1997). Figure 2 shows some hyperaccumulator plant species for decontamination of soil and water bodies. The success of phytoremediation depends on the suitability of the hyperaccumulator plants for the specific soil conditions and contaminants present. Factors such as pH, nutrient availability, and moisture can affect plant growth and metal uptake (Robinson et al., 2006). The number of known hyperaccumulator plant species is relatively small, and their adaptation to different environmental conditions may be limited (Meharg, 2003).

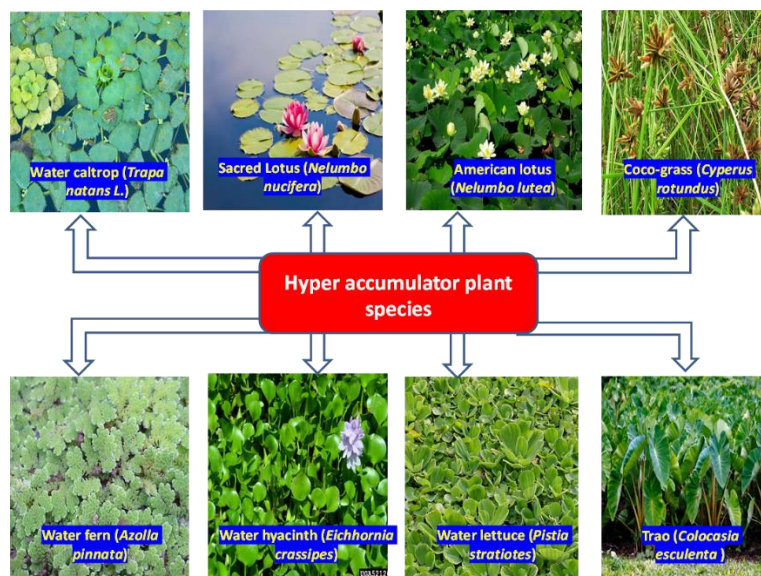


Figure 2. Some hyperaccumulator plant species for decontamination of soil and water bodies.

#### 4. Limitations and Future Directions

Phytoremediation is considered a sustainable and cost-effective method for environmental cleanup compared to traditional remediation techniques (Mir et al, 2017). However, like any other technology, phytoremediation has its limitations. Not all plant species have the ability to effectively extract or tolerate high levels of contaminants. Finding suitable plant species with high accumulation capacities for specific pollutants can be challenging (Bhargava et al, 2012). Phytoremediation is a time-consuming process as plants need sufficient time to accumulate contaminants from the soil. It may take several years to achieve significant remediation results, which might not be suitable for urgent or time-sensitive cleanup projects (Jeevanantham et al, 2019). Phytoremediation is primarily effective for contaminants in the root zone of plants. Contaminants that are present at greater depths or in inaccessible areas may not be easily remediated using this technique (Saleh et al, 2004). The success of phytoremediation depends on the physicochemical properties of the soil, such as pH, organic matter content, and nutrient availability. Unsuitable soil conditions can hinder plant growth and, consequently, the effectiveness of phytoremediation (Robinson et al, 2006). The efficiency of phytoremediation can be influenced by environmental factors such as temperature, rainfall, and sunlight. Extreme conditions or seasonal variations can affect plant growth and, subsequently, the remediation process (Muerdter et al., 2018).

Advances in genetic engineering provide opportunities to increase the accumulation capacity of plants for specific contaminants. Scientists can modify plant genes to increase tolerance, uptake, and translocation of contaminants, potentially improving the efficiency and effectiveness of phytoremediation (Ibañez et al., 2016). Studying interactions between plants and beneficial microorganisms can improve phytoremediation. Certain microbes can help mobilize and detoxify contaminants, improving plant uptake and overall remediation efficiency (Mishra et al., 2017). Nanoparticles can be used to improve the efficiency of phytoremediation. They can be engineered to bind with contaminants, increasing their availability for plant uptake and accelerating the remediation process (Ramezani et al., 2021). Integrating phytoremediation with other remediation techniques, such as chemical extraction or thermal treatment, can provide a comprehensive and synergistic approach to environmental remediation. This combined approach can potentially overcome the limitations of phytoremediation and achieve faster and more efficient remediation outcomes (Kuppusamy

et al., 2017). While phytoremediation has been extensively studied in the laboratory, its large-scale implementation and practical application at real contaminated sites are still limited. Future research should focus on field-scale trials and monitoring to assess the efficacy, economic viability, and long-term sustainability of phytoremediation (Gong et al., 2018).

## 5. Conclusion

In conclusion, while phytoremediation has shown promise as an environmentally friendly and cost-effective technique for environmental remediation, it has certain limitations that need to be addressed. Through ongoing research and development, including genetic engineering, plant-microbe interactions, nanotechnology, and combined remediation approaches, the future of phytoremediation looks promising. These advances can potentially overcome existing limitations and make phytoremediation a more efficient and widely used method for environmental remediation.

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